

APRIL 26, 2025

THE PROSTATE FORUM

[HTTPS://WWW.PROSTATEFORUM.ORG/NEWSLETTERS](https://www.prostateforum.org/newsletters)

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**Impact of Comprehensive Geriatric Assessment on
Treatment Decisions in Older Prostate Cancer Patients.**

PubMed BMC Cancer. 2025 Apr 8;25(1):642. doi: 10.1186/s12885-025-13961-z.

<https://pubmed.ncbi.nlm.nih.gov/40200174/>

Good evening!

I hope we had a chance to meet at today's Classic Car Show in Seal Beach, California today.

I want to share a short, patient friendly article that you will find important, especially if you are over 70 years old or so. If you've regularly attended our Support & Information groups, you've heard fellow prostate cancer patients discuss how their treatments are affected by other medical conditions. Good medicine strives to cure or reduce the impact of ailments without creating bigger problems. "First, do no harm.

Maëva Bonneau a prolific researcher at the Département d'oncologie médicale, Institut Claudius-Regaud, IUCT Oncopole, Toulouse, France. (Email: bonneau.maeva@iuct-oncopole.fr) and her team advocate a "comprehensive geriatric assessment to factor the impact of a patient's existing psychosocial, environmental and medical condition on their prostate cancer treatment and vice versa. This assessment could lead to prioritizing treatment for other conditions over prostate cancer treatment and / or personalizing your cancer treatment plan. You remember me saying that most prostate cancer patients die with the disease rather than from it and keep your heart health in mind since that's the leading cause of death in older males. Since so many of our men in our support and information groups are older, and several are concerned about side effects. It's important to take age and it's physical factors into account for those with treatment goals. Certainly, this with mono therapy with ARI drugs seems to keep the side effect profiles reasonable

Familiarize yourself with the comprehensive geriatric assessment here: <https://www.cgakit.com/cga>
Caregivers, this is something you want on the top shelf of your toolbox.

We look forward to seeing you at our 2nd and 4th Tuesday evening
Support and Information Groups.

Please bookmark these zoom links so you can join us easily:

2nd Tuesday at 5:00 p.m. Pacific Time: <https://us02web.zoom.us/j/86164783897>
4th Tuesday at 5:00 p.m. Pacific Time: <https://us02web.zoom.us/j/85450819246>

Best regards,

CKM