

DR. CHARLES K. METZGER'S SATURDAY EVENING NEWSLETTER

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PROSTATE FORUM OF ORANGE COUNTY, CALIFORNIA

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UROTODAY June 23, 2023

“Out-of-Pocket Costs for Prostate Cancer Medications Substantially Vary by Part D Plan: An Online Tool Presents an Opportunity to Mitigate Financial Toxicity”.

Urology Practice. 2023 Jun 22 [Epub ahead of print]

By: Benjamin Pockros, Christina Shabet, Kristian Stensland, Lindsey Herrel

<https://www.urotoday.com/recent-abstracts/urologic-oncology/prostate-cancer/145308-out-of-pocket-costs-for-prostate-cancer-medications-substantially-vary-by-part-d-plan-an-online-tool-presents-an-opportunity-to-mitigate-financial-toxicity.html>

Medicare can be a confusing business. The authors of the above article likely wanted to remind urologists to tell their patients about making careful choices about their Part D plans to help their patients save money with all their medications. And, they write about a tool you can access for free on the Medicare website to make the math easier. But, they don't say much more than that. We are going to go several steps further here and get you some help with navigating your Part D plan.

Let's start by learning about Medicare Part D choices. Here's an on-line article by Lisa L. Gill in **Consumer Reports** magazine, November 3, 2022.

<https://www.consumerreports.org/money/health-insurance/how-to-find-the-best-medicare-part-d-drug-plan-a6788874634/>

And, here's where you find the tool to save yourself money on all your medications purchased via Medicare:

<https://www.medicare.gov/plan-compare/#/?year=2023&lang=en>

Here's how to use the Part D tool.

<https://www.medicarefaq.com/faqs/medicare-part-d-plan-finder/>

And, you may qualify for “extra” help with your drug costs.

<https://www.medicarefaq.com/faqs/medicare-extra-help-program/>

Do you have more questions? Join us Thursday, September 24, 2023 for our presentation with a representative of the Health Insurance Counseling and Advocacy Program (HICAP) for the Orange County area. Here's the zoom link: <https://us02web.zoom.us/j/85477749453>

Check out my article about the Mark Cuban Cost Plus Drug Company and other ways to save money on Meds. here:

https://www.prostateforum.org/_files/ugd/909292_1fbf4ce35313463eb62c2bde93d29d69.pdf

Well, that's a lot of information for a Saturday evening! I hope it helps you save money on all of your prescription medications and puts your mind at ease. See you at our presentations and support group meetings.

Warmly,

CKM