

DR. METZGER'S SATURDAY EVENING NEWSLETTER

FOR MAY 13, 2023

PROSTATE FORUM OF ORANGE COUNTY

WWW.PROSTATEFORUM.ORG

“15-Year Follow-Up of the ProtecT Trial: Discussing Results and Changes in Prostate Cancer Management, The ProtecT Trial - Oliver Sartor, M.D.”

UroToday, May 9, 2023

https://www.urotoday.com/video-lectures/localized-prostate-cancer/video/mediaitem/3329-15-year-follow-up-of-the-protect-trial-discussing-results-and-changes-in-prostate-cancer-management-the-protect-trial-oliver-sartor.html?utm_source=newsletter_11629&utm_medium=email&utm_campaign=prostate-cancer-daily

Alicia Morgans and Oliver Sartor discuss the New England Journal of Medicine editorial on the fifteen-year follow-up of the ProtecT trial. The ProtecT trial was a UK-based study where 1600 men were randomized to either active monitoring, prostatectomy, or radiotherapy. The trial followed up on these men for 15 years and found that there were no significant differences in mortality between the groups. Dr. Sartor also emphasizes the changes that have occurred in localized prostate cancer since the ProtecT trial began in 1999 including the more sophisticated methods of surveillance, which differ from the methods used in the trial.

This is a great summary of the recent ProtecT trial. It is a real eye opener for treating 70% of the men with Gleason grade group 2. It also points out that in the AS group there must have been some higher grade group men mixed in, they account for the recurrence rate in AS.

We have some OUTSTANDING NEW PRESENTERS lined up the next few months. Keep checking your emails for details.

And, we are working on a CAR DONATION PROGRAM for Prostate Forum. This will be a great way to get an old car out of your garage, side yard or driveway, get a tax deduction.

Eat “heart healthy”, get some exercise and see you at the next support group meeting.

Warm regards,

CKM