DR. CHARLES K. METZGER'S SATURDAY EVENING NEWSLETTER BRINGING YOU UP TO THE MINUTE PROSTATE CANCER INFORMATION

SEPTEMBER 13, 2025

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Micro ultrasound- vs MRI-Guided Biopsy for Prostate Cancer Diagnosis

By The ASCO Post Staff Posted: 3/25/2025 12:00:00 PM Last Updated: 6/27/2025 2:44:24 PM https://ascopost.com/news/march-2025/microultrasound-vs-mri-guided-biopsy-for-prostate-cancer-diagnosis/

I hope you had a great Labor Day.

Click the link in the title box above to download an exciting, patient friendly article discussing how micro-ultrasound will someday soon improve the ability to find cancer in the gland thus making more correct biopsies. Add the benefits of costing hospitals and doctors less than the purchase of an MRI machine and getting patients to diagnose faster and more often because they don't have to join an extensive line for MRI appointments and we get real benefits from this innovative technology.

"The results of the OPTIMUM trial could have a similar impact to the first introduction of MRI, according to the lead trial investigator, **Laurence Klotz, MD**, Professor of Surgery at the University of Toronto's Temerty Faculty of Medicine and the Sunnybrook Chair of Prostate Cancer Research".

"MicroUS was able to find prostate cancer as effectively as MRI-guided biopsy, with similar rates of detection across all three arms of the trial. There was minor difference even in the group who received both types of biopsies, with microUS detecting most significant cancers".

Dr. Klotz is one of the fathers of active surveillance.

We've had men in our group that get color Doppler ultrasound from the two doctors who use it in Southern California. We hope that those practitioners will update to micro-ultrasound soon.

We look forward to seeing you at our 2nd and 4th Tuesday evening.

Support and Information Groups.

Please bookmark these zoom links so you can join us easily:

2nd Tuesday at 5:00 p.m. Pacific Time: https://us02web.zoom.us/j/86164783897

4th Tuesday at 5:00 p.m. Pacific Time: https://us02web.zoom.us/j/85450819246 HEADS UP!

SEPTEMBER ONLY WE MEET SEPTEMBER 16TH AT 5:00 pm

Warm regards,