

**DR. CHARLES METZGER'S SATURDAY EVENING NEWSLETTER**

**NOVEMBER 25, 2023**

**PROSTATE FORUM OF ORANGE COUNTY [PROSTATEFORUMOC@gmail.com](mailto:PROSTATEFORUMOC@gmail.com)**

**<https://www.prostateforum.org/>**

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**Annual RNA injections to treat all of your genetically based diseases?  
Yale Medical School's F. Perry Wilson M.D., MSCE  
says it may be here in as little as five years.  
Medscape, November 13, 2023  
[https://www.medscape.com/viewarticle/998363#vp\\_2](https://www.medscape.com/viewarticle/998363#vp_2)**

I hope you had a good Thanksgiving.

We may be as close as five years to having an injection for most if not all genetically based diseases according to F. Perry Wilson M.D., M.S.C.E., of Yale Medical School. You know how important we think genetics are at the Forum. It's not without controversy, but patient genetics plus artificial intelligence may be able to tell us which P. Ca patients will or won't benefit from ADT's as part of their treatment program.

Since Dr. Wilson's presentation is short and patient friendly, I'll spare you from a summary and suggest you watch his video, here: [https://www.medscape.com/viewarticle/998363#vp\\_2](https://www.medscape.com/viewarticle/998363#vp_2)

Here's a short, lay person friendly description of RNA is: <https://en.wikipedia.org/wiki/RNA>

If you enjoy this video, check you Dr. Wilson's "Impact Factor" video library, here: [https://www.medscape.com/index/list\\_12471\\_3](https://www.medscape.com/index/list_12471_3). There are many easy to watch, short and at times controversial videos posted here.

**We are once again meeting during November and December.  
We hope to see you for the following:**

**Our Support Group with Fireside Chat on Tuesday November 28, 5:00 p.m. to 7:00 p.m. Pacific Avoiding "Woulda/Coulda/Shoulda" Moments with AnnMarie McIlwain CEO, Patient Advocators. <https://us02web.zoom.us/j/85450819246>**

**December 12 2023 Tuesday evening support group 5:00 to 7:00 p.m. Pacific: <https://us02web.zoom.us/j/86164783897>**

**December 26<sup>th</sup>, 2023 Tuesday evening support group, the evening after Christmas 5:00 to 7:00 p.m. Pacific: <https://us02web.zoom.us/j/85450819246>**

All of us at the Forum look forward to seeing you on Zoom this holiday season.

Warmly

CKM